

**Portuguese Tobacco Control Coalition**  
**(Confederação Portuguesa de Prevenção do Tabagismo)**  
**(COPPT)**

**Member Organizations of the Portuguese Coalition**

- Braga Tobacco Prevention and Treatment Association  
(Associação de Prevenção e Tratamento do Tabagismo de Braga)
- Treatment, Recovery and Support Center  
(Centro de Apoio, Tratamento e Recuperação)
- Portuguese Cicloturism and Ciclousers Federation  
(Federação Portuguesa de Cicloturismo e Utilizadores de Bicicleta)
- Portuguese Occupational Medicine  
(Sociedade Portuguesa de Medicina do Trabalho)
- Portuguese Heart Foundation  
(Fundação Portuguesa de Cardiologia)
- International Temperance Association  
(Associação Internacional de Temperança)
- Portuguese General Practitioners Association  
(Associação Portuguesa dos Médicos de Clínica Geral)
- National Institute of Preventive Cardiology  
(Instituto Nacional de Cardiologia Preventiva)
- Works General Union  
(União Geral dos Trabalhadores)
- National Parents Associations Federation  
(Confederação Nacional das Associações de Pais)
- Portuguese Society of Pneumology  
(Sociedade Portuguesa de Pneumologia)
- Portuguese Nurse Association  
(Ordem dos Enfermeiros)

- National Association of Tuberculosis and Respiratory Diseases  
(Associação Nacional de Tuberculose e Doenças Respiratórias)
- Portuguese Cancer League  
(Liga Portuguesa Contra o Cancro)
- Portuguese Medical Association  
(Ordem dos Médicos)
- Portuguese Federation of Therapeutic Drug Institutions  
(Federação Portuguesa das Instituições de Terapeutica das Drogas)

### **Main Objectives**

Act as a Coalition of National Non Governmental Organizations acting on tobacco prevention, health promotion, environment and quality of life;

To defend and promote comprehensive, and integrated strategies on tobacco prevention;

To strengthening and coordinate the NGO's movement on tobacco prevention;

To be a social active and interventive partner specially among policy makers;

To continue to intensify contacts to other national coalitions to become stronger by joint lobbying for our common targets, and to strengthening capacities.

### **Current Activities**

The portuguese coalition is reinforcing institutional contacts, specially with Government, Health Minister, General Director of Health, Higher Health Committeder, Tobacco Prevention Council, Portuguese Parliament, as well as in the field of public health, education, environment, culture, medicine, research, social insurances, industry, self-help groups, media and public relation agencies.

We are also producing, by request of our Health Minister, a working paper on the support of National Health System on NRT and other substances to help smokers to stop.

We are trying to get the ratification of FCTC, which was signed in January 2004.

We are making our efforts to get our tobacco law reviewed specially in what concerns closed spaces and youth access to tobacco products.

Annual organisation on 31 May of the World Health Organization's World No Tobacco Day.

Organization of the first Portuguese Congress on tobacco Prevention.

To claim a tax policy on tobacco that includes part to tobacco prevention and treatment activities.

To propose a National Health Plan on Tobacco Control.

Provide a platform for discussion and connection to experts with the aim of intensifying and co-ordinating non-smoking policies and counselling for smokers.

## **RECENT ACHIVEMENTS**

Our coalition is very recent (early 2004) however we have been very active in what concerns the review of the Portuguese tobacco law. We get our Health Minister attention to the need of supporting smokers to quit developing tobacco cessation services and to consider to review pharmacological support. The coalition promoted a scientific meeting on the 31<sup>st</sup> of May on Health Professionals and tobacco. We supported members's activities.

## **PRIORITIES FOR THE FUTURE**

- To continue advocacy in favour of a new tobacco law;
- To improving smoking cessation services;
- To encourage and to improve work with youth;
- To watch the implementation of FCTC
- To support access to validated cessation methods;
- To get a part of tobacco taxes dedicated to the tobacco control activities of NGOs

Nacional representatives – Luís Rebelo and Isabel Machado

COPPT, Lisbon 2005-09-11